Resources Discussed During Webinar:

Articles:


Websites:
The American Psychological Association’s Resilience Guide

• **Deployment Resources:**
  The American Academy of Child and Adolescent Psychiatry Military Family Resource Center
  Center for Parent Information and Resources
  [http://www.parentcenterhub.org/repository/military/](http://www.parentcenterhub.org/repository/military/)
  Defense Centers of Excellence
  Military One Source
  Military.com Deployment Guides and Resources by Branch of Service
  MilitaryOneClick Family Support and Deployment Resources
  [http://militaryoneclick.com/family/#deployment](http://militaryoneclick.com/family/#deployment)
  National Military Family Association
  ZeroToThree Young Children on the Homefront: Family Stories, Family Strengths
  ZeroToThree Military and Veteran Families Support

• **Substance Abuse Resources:**
  Military Substance Abuse Programs
  Substance Abuse and Mental Health Services Administration
  [http://www.samhsa.gov/veterans-military-families](http://www.samhsa.gov/veterans-military-families)
  Substance Abuse Policy and Treatment
• **Infant or Child Death and Loss Resources:**
  Five Resources for Military Families Dealing with Infant Loss  
  [militaryoneclick.com/5-resources-military-families-infant-loss](http://militaryoneclick.com/5-resources-military-families-infant-loss/)
  Five Things I Learned About Child Loss In The Military  
  Military Family Life Counselors (MFLC)/Military Family Support Coordinators (MFSC)  
  [www.militaryonesource.mil/non-medical-counseling](http://www.militaryonesource.mil/non-medical-counseling)
  Tricare Mental Health Care Services  
  [www.tricare.mil/CoveredServices/Mental/GettingMHCare](http://www.tricare.mil/CoveredServices/Mental/GettingMHCare)

• **Family Violence Resources:**
  Domestic Abuse: Military Reporting Options  
  Family Advocacy Program  
  Transitional Compensation Program  

**Videos:**
Serve and Return from Harvard University Center on the Developing Child  
TVOParents.com: Nurturing Your Child’s Early Brain Development  
[https://youtu.be/t4ZomIKxRNE](https://youtu.be/t4ZomIKxRNE)
Advice From a Former Law Enforcement Professional  
[https://youtu.be/o349VapEnLc](https://youtu.be/o349VapEnLc)

**Reflective Tool:**
Zinger Activity for RBI and Intervention by N. Younggren and D. Kreager  
[create.extension.org/sites/default/files/Zinger%20Activity.png](http://create.extension.org/sites/default/files/Zinger%20Activity.png)

**Additional Useful Resources**

**Videos:**
TED Talk: How Childhood Trauma Affects Health Across the Lifespan by Dr. Nadine Burke Harris  
[https://youtu.be/95ovIJ3dsNk](https://youtu.be/95ovIJ3dsNk)
TED Talk: Why Domestic Violence Victims Don’t Leave by Leslie Morgan Steiner  
[https://youtu.be/V1yW5lsnSjo](https://youtu.be/V1yW5lsnSjo)

**Websites:**
CDC Injury Prevention & Control: Division of Violence Prevention, Adverse Childhood Experiences (ACEs)  
[https://www.cdc.gov/violenceprevention/acestudy/](https://www.cdc.gov/violenceprevention/acestudy/)
Sesame Street for Military Families  
How to Report Child Abuse As a Member of the Military  
Family Advocacy Program (FAP): A comprehensive and in-depth look at the FAP  